



# COVID-19 PATIENT INSTRUCTIONS

The dental surgery is an area where social distancing cannot be maintained due to the work involved. In addition, our equipment will create aerosols from the nasopharyngeal region, which can remain in the air for up to 8 hrs.

Whilst we have implemented extremely high cross infection standards, we cannot guarantee that there is no possibility you could contract Covid 19 at our premises. This virus has been show to cause mild to severe symptoms, and in small percentage of patients can cause death. This risk increases if you are over 60, or if you have an underlying medical condition, and we would ask patients in these 2 groups in particular to consider the necessity of their appointment at this time.

## Before you come to the clinic



Are you feeling unwell, or do you have a fever?

**If so, do not attend-call us immediately.**

Have you been in close contact with a confirmed or probably Covid 19 case in the last 14 days? **If so, do not attend- call us immediately.**

If you are over 60, pregnant or have an underlying medical condition, **please inform us before you attend.**

Wash you hands thoroughly at home before attending.  
Visit the toilet at home before attending.

Only bring yourself, and your child (if they have an appointment), no additional children please if possible. If a second person (parent/carer/child) is attending do they have a cough or fever?  
**If so, please do not attend and call us from home for advice.**

Bring your own glasses or sunglasses instead of using our protective eyewear.  
Bring your own pen to sign any documents.

Please arrive **no earlier than 5 mins before your appointment time.**  
Do not touch any railings on attending the clinic.

## On Arrival



**Sanitise your hands** immediately on entering our reception area.  
Wait for someone to take your temperature.

**Maintain Social Distancing at all time. Minimum of 2m distance.**

Do not bring coats or jackets where possible. If you do please keep on you.

Keep Keys and phone , wallets etc on your during your appointment, do not place on our worksurfaces.

## When Leaving

Bring a contactless method of payment (google pay/ Apple Pay) if possible.

We are a friendly bunch but please do not delay in the surgery or at reception chatting with our lovely staff, in order for us to maintain social distancing.

Be Patient with us. We are working hard to protect staff and patients, which may slow us down.

Wash your clothes when you get home.